

Full Report (All Nutrients) 45054792, CARMEL COCONUT FRUDGE COOKIES, UPC: 032251034459

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Family Dollar Stores Inc.

Nutrient	Unit	Data points	Std. Error	28.0 g 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	130	464
Protein	g	--	--	1.00	3.57
Total lipid (fat)	g	--	--	6.00	21.43
Carbohydrate, by difference	g	--	--	18.00	64.29
Fiber, total dietary	g	--	--	1.0	3.6
Sugars, total	g	--	--	11.00	39.29
Minerals					
Calcium, Ca	mg	--	--	20	71
Iron, Fe	mg	--	--	0.36	1.29
Sodium, Na	mg	--	--	60	214
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	5.001	17.860
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients
SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM OIL, HYDROGENATED COCONUT AND SOYBEAN OILS, AND PARTIALLY HYDROGENATED PALM KERNEL OIL), CORN SYRUP, COCONUT, SWEETENED CONDENSED MILK (MILK, SUGAR), HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2% OF: SORBITOL, DEXTROSE, COCOA (PROCESSED WITH ALKALI), WHEY, GLYCERIN, SALT, SOY LECITHIN, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR. *Date Last Updated by Company:* 09/14/2014